

Monroe County, New York
Adult Health Survey Results -- Total County
1997 vs. 2000

#	Question	1997 Response	2000/2001 Response	Statistically Different?	Better or Worse?
HEALTH STATUS					
1	Fair or Poor Health: Percentage who reported their health to be Fair or Poor in response to the question: Would you say that in general your health is Excellent, Very Good, Good, Fair, or Poor?	10.8% ±1.7	12.1%±1.5	No	N/A
2	Very Good or Excellent Health: Percentage who reported their health to be Very Good or Excellent in response to the question: Would you say that in general your health is Excellent, Very Good, Good, Fair, or Poor?	65.8%±2.7	60.6%±2.3	Yes	Worse
3	Days Physical Health Not Good: Mean number of days given in response to the question: Now thinking about your physical health, which includes physical illness and injury, for how many days during the past 30 days was your physical health NOT good?	3.0±.4	3.8±.4	No	N/A
4	Days Mental Health Not Good: Mean number of days given in response to the question: Now thinking about your mental health, which includes stress, depression, and problems with emotions, for how many days during the past 30 days was your mental health NOT good?	3.0±.4	3.3±.4	No	N/A
5	Poor Health -- Mean Days: Asked of those who had at least one day in the past 30 where their physical or mental health was not good. Mean number of days given in response to the question: During the past 30 days, for about how many days did poor physical or mental health keep you from doing your usual activities, such as self-care, work, or recreation?	1.9±.4	3.8±.5	Yes	Worse
VISION IMPAIRMENTS					
6	Serious Difficulty Seeing: Percentage who answered Yes in response to the question: Do you have serious difficulty seeing, even when wearing glasses or contacts?		5.6%±1.1		
SF-12 QUESTIONS					
7	Limited a Lot -- Moderate Activities: Percentage who reported they were limited a lot in response to the question: Does your health now limit you in these activities? If so how much? Moderate activities such as moving a table, pushing a vacuum cleaner, bowling, or playing golf.		6.7±1.1		
8	Not Limited at All -- Moderate Activities: Percentage who reported they were not limited at all in response to the question: Does your health now limit you in these activities? If so how much? Moderate activities such as moving a table, pushing a vacuum cleaner, bowling, or playing golf.		83.6%±1.7		
9	Limited a Lot -- Climbing Stairs: Percentage who reported they were limited a lot in response to the question: Does your health now limit you in these activities? If so how much? Climbing several flights of stairs.		6.8%±1.1		
10	Not Limited at All -- Climbing Stairs: Percentage who reported they were not limited at all in response to the question: Does your health now limit you in these activities? If so how much? Climbing several flights of stairs.		81.4%±1.8		

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11	Accomplished less than desired all of the time-- physical health: Percentage who reported all of the time in response to the question: During the past 4 weeks, how much of the time have you had any of the following problems with your work or other regular daily activities as a result of your physical health? Accomplished less than you would like.		5.7%±1.1		
12	Accomplished less than desired none of the time-- physical health: Percentage who reported <u>none of the time</u> in response to the question: During the past 4 weeks, how much of the time have you had any of the following problems with your work or other regular daily activities as a result of your physical health? Accomplished less than you would like.		63.5%±2.2		
13	Limited in work -- all the time -- physical health: Percentage who reported all of the time in response to the question: During the past 4 weeks, how much of the time have you had any of the following problems with your work or other regular daily activities as a result of your physical health? Were limited in the kind of work or other activities.		4.7%±.9		
14	Limited in work -- none of the time -- physical health: Percentage who reported <u>none of the time</u> in response to the question: During the past 4 weeks, how much of the time have you had any of the following problems with your work or other regular daily activities as a result of your physical health? Were limited in the kind of work or other activities.		72.2%±2.1		
15	Accomplished less than desired all of the time-- emotional problems: Percentage who reported all of the time in response to the question: During the past 4 weeks, how much of the time have you had any of the following problems with your work or other regular daily activities as a result of any emotional problems? Accomplished less than you would like.		2.4%±.7		
16	Accomplished less than desired none of the time-- emotional problems: Percentage who reported <u>none of the time</u> in response to the question: During the past 4 weeks, how much of the time have you had any of the following problems with your work or other regular daily activities as a result of any emotional problems? Accomplished less than you would like.	86.6%±1.8	75.9%±2.0	Yes	Worse
17	Worked less carefully all of the time --emotional problems: Percentage who reported all of the time in response to the question: During the past 4 weeks, how much of the time have you had any of the following problems with your work or other regular daily activities as a result of any emotional problems? Did work or other activities less carefully than usual.		2.2±.7		
18	Worked less carefully none of the time -- emotional problems: Percentage who reported <u>none of the time</u> in response to the question: During the past 4 weeks, how much of the time have you had any of the following problems with your work or other regular daily activities as a result of any emotional problems? Did work or other activities less carefully than usual.	89.2±1.6	80.9%±1.8	Yes	Worse

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19	Pain Interfered with work – extremely: Percentage who reported extremely in response to the question: During the past 4 weeks, how much did pain interfere with your normal work (including both work outside the home and housework)?	1.7%±.8	4.4%±1.0	Yes	Worse
20	Pain interfered with work – not at all: Percentage who reported <u>not at all</u> in response to the question: During the past 4 weeks, how much did pain interfere with your normal work (including both work outside the home and housework)?	66.6%±2.5	64.4%±2.2	No	N/A
21	Calm and peaceful all of the time: Percentage who reported all of the time in response to the question: How much of the time during the past 4 weeks have you felt calm and peaceful?	9.5%±1.8	15.8%±1.8	Yes	Better
22	Calm and peaceful none of the time: Percentage who reported none of the time in response to the question: How much of the time during the past 4 weeks have you felt calm and peaceful?	1.2±.4	2.5%±.7	Yes	Worse
23	Lots of Energy all of the time: Percentage who reported all of the time in response to the question: How much of the time during the past 4 weeks did you have a lot of energy?	7.3%±1.4	14.8%±1.7	Yes	Better
24	Lots of energy none of the time: Percentage who reported none of the time in response to the question: How much of the time during the past 4 weeks did you have a lot of energy?	2.4±1	4.0%±.9	No	N/A
25	Downhearted and depressed all of the time: Percentage who reported all of the time in response to the question: How much of the time during the past 4 weeks have you felt downhearted and depressed?	1.1%±.6	2.4%±.8	Yes	Worse
26	Downhearted and depressed none of the time: Percentage who reported none of the time in response to the question: How much of the time during the past 4 weeks have you felt downhearted and depressed?	36.2%±2.7	54.7%±2.3	Yes	Better
27	Health interfered with social activities all of the time: Percentage who reported all of the time in response to the question: During the past 4 weeks, how much of the time has your physical health or emotional problems interfered with your social activities (like visiting friends, relatives, etc.)?	1.7±.6	2.3%±.7	Yes	Worse
28	Health interfered with social activities none of the time: Percentage who reported none of the time in response to the question: During the past 4 weeks, how much of the time has your physical health or emotional problems interfered with your social activities (like visiting friends, relatives, etc.)?	72.9%±2.5	73.4%±2.0	No	N/A
MENTAL HEALTH/SUICIDE					
29	Taking prescription medications for mental health problems: Percentage who reported taking prescription medication for any mental health problems in response to the question: Are you currently taking prescription medication for any mental health problems such as personal or family problems, depression, anxiety, or stress?		9.8%±1.4		
30	Planned to commit suicide in the last year: Percentage who reported having made a plan for committing suicide in response to the question: In the past year, have you made a plan for committing suicide?		1.5%±.6		

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31	Attempted suicide in the last year: Percentage who reported attempting suicide in response to the question: In the past year, have you attempted suicide?		1.0%±.5		
32	Adults 65+ who felt lonely or abandoned in the last two weeks: Percentage who reported very often feeling lonely or abandoned in response to the question: During the past 2 weeks, how often have you felt very lonely or abandoned?	4.3%±2.5	1.5%±1.3	No	N/A
HEALTH INSURANCE/DENTAL INSURANCE					
33	Have health care coverage: Percentage who reported having any kind of health care coverage in response to the question: Do you have any kind of health care coverage, including health insurance, prepaid plans such as HMOs, or government plans such as Medicare?	92.7%±1.7	91.9%±1.3	No	N/A
34	Have dental insurance coverage: Percentage who reported having dental insurance coverage in response to the question: Do you have any kind of insurance coverage that pays for some or all of your routine dental care, including dental insurance, prepaid plans such as HMOs, or government plans such as Medicaid?	67.5%±2.7	73.7%±2.0	Yes	Better
ACCESS TO CARE					
35	Visited a doctor in the last year for a routine checkup: Percentage who reported in the past year in response to the question: About how long has it been since you last visited a doctor for a routine checkup?		77.3%±2.0		
CHRONIC ILLNESS/DIABETES					
36	One or more chronic conditions: Percentage who reported having one or more chronic conditions in response to the question: Do you have one or more of the following chronic conditions: heart disease, diabetes, asthma or other chronic lung disease, cancer, alcoholism, kidney or liver disease or any condition that weakens your immune system?		20.1%±1.8		
37	Ever diagnosed with diabetes: Percentage who reported being diagnosed with diabetes and not only during pregnancy in response to the question: Have you ever been told by a doctor that you have diabetes?	4.8%±1.1	5.5%±1.0	No	N/A
38	Of those had been diagnosed with diabetes, those who had an eye exam with pupils dilated in the last year: Percentage who reported within the past year in response to the question: When was the last time you had an eye exam in which the pupils were dilated?	68.7%±1.4	76.6%±8.3	No	N/A
FALLS					
39	Limited activities due to a fall: Percentage who reported one or more times in response to the question: In the past 12 months, how many times, if any, were you injured in a fall, that restricted your activities, such as where you could not work, or where your were limited in doing your usual daily activities?	6.3%±.8	8.3%±1.3	No	N/A
40	Of those injured by a fall in the past 12 months, days kept from work or daily activities: Mean number of days given in response to the question: Altogether, about how long were you kept from working or from doing your usual daily activities due to your fall/ falls?		3.0±.9		

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TOBACCO USE					
41	Current smokers: Asked of those who had smoked at least 100 cigarettes in their life: Percentage who reported now smoking everyday or some days to the question: Do you now smoke cigarettes everyday, some days, or not at all?	21.3%±2.3	23.7%±2.0	No	N/A
42	Heavy smokers: Asked of current smokers: Percentage of all respondents who reported smoking 40 or more cigarettes to the question: On the average, about how many cigarettes a day do you now smoke?	3.9%±2.0	4.6±2.6	No	N/A
43	Advised to quit smoking: Percentage who reported being advised by health professional to stop smoking to the question: During the past year, did any medical doctor, nurse, or other health professional advise you to stop smoking?		68.4%±5.3	No	N/A
44	Exposed to tobacco smoke: (Asked of non-smokers): Percentage who reported being exposed to tobacco smoke to the question: In the past 2 weeks, have you been exposed to tobacco smoke inside your workplace, a restaurant, or other public place?		46.1%±2.6		
ALCOHOL USE					
45	Risk of Alcohol Use Disorder: Summary respondent score on three questions. Possible scores range from 0 to 12. A higher number indicates more alcohol consumption: In the past year, how often did you have a drink containing alcohol? In the past year, how many drinks did you have on a typical day when drinking? In the past year, how often did you have six or more drinks on one occasion? Respondents with a score of 4 or more are considered at risk of alcohol use disorder.		25%		
CANCER SCREENING					
46	Ever had a mammogram: Percentage of female respondents who reported having a mammogram to the question: A mammogram is a x-ray of each breast to look for breast cancer. Have you ever had a mammogram?	55.5%±3.8	61.8%±2.9	No	N/A
47	Had a mammogram within guidelines for age: Percentage of female respondents age 40-49 who reported within 2 years and over 50 who reported within 1 year to the question: How long has it been since you had your last mammogram?	78.6%±3.9	78.5%±3.2	No	N/A
48	Ever had a blood stool test: Percentage of respondents over 50 years old who reported ever having a blood stool test to the question: A blood stool test is a test that may use a special kit at home to determine whether the stool contains blood. Have you ever had this test using a home kit?		47.2%±3.9		
49	Had a blood stool test in the last year: Percentage of respondents who reported within the past year to the question: When did you have your last blood stool test using a home kit?		61.4%±5.5		
50	Ever had a Sigmoidoscopy or proctoscopy: Percentage of respondents over 50 years old who reported having a sigmoidoscopy or proctoscopy to the question: A sigmoidoscopy or proctoscopy is when a tube is inserted in the rectum to view the bowel for signs of cancer and other health problems. Have you ever had this exam?	39.8%±4.6	44.7%±3.9	No	N/A

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51	Had a sigmoidoscopy or proctoscopy in the last year: Percentage of respondents who reported within the last year to the question: When did you have your last sigmoidoscopy or proctoscopy?	48.9%±7.4	42.6%±5.7	No	N/A
FLU AND PNEUMONIA					
52	Had a Flu shot in the last 12 months: Percentage of respondents over 65 who reported within the past 12 months to the question: During the past 12 months, have you had a flu shot?	82.5%±2.7	68.8%±5.2	Yes	Worse
53	Ever had a pneumonia vaccination: Percentage of respondents over 65 who reported having a pneumonia vaccination to the question: Have you ever had a pneumonia vaccination	49.7%±6.0	75.4%±4.9	Yes	Better
WEIGHT/WEIGHT CONTROL					
54	Healthy Weight: Percentage of respondents who have a calculated Body Mass Index greater than or equal to 18.5 and less than 25. To obtain their height and weight, respondents were asked: About how much do you weigh without shoes? About how tall are you without shoes?	47.1%±2.9	42.7%±2.4	Yes	Worse
55	Overweight: Percentage of respondents who have a calculated Body Mass Index greater than or equal to 25 and less than 30. To obtain their height and weight, respondents were asked: About how much do you weigh without shoes? About how tall are you without shoes? (OVER	36.3%±2.7	34.7%±2.2	No	N/A
56	Obese: Percentage of respondents who have a calculated Body Mass Index greater than or equal to 30. To obtain their height and weight, respondents were asked: About how much do you weigh without shoes? About how tall are you without shoes?)	16.6%±2.2	22.6%±2.0	Yes	Worse
57	Trying to lose weight: Percentage of overweight or obese respondents who reported trying to lose weight to the question: Are you now trying to lose weight?	65.8%±3.7	56.9%±3.1	Yes	Worse
58	Advised to lose or maintain weight: Percentage of overweight or obese respondents who were trying to lose weight who reported being advised about their weight to the question: In the past the 12 months has a doctor, nurse, or other health professional given you advice about your weight?		96.2%±2.5		
NUTRITION					
59	Five or more servings of fruit and vegetables: Percentage of respondents who reported eating 5 or more servings of fruit and vegetables the day before to the question: Yesterday, in total, how many servings of fruits and vegetables did you eat?	15.2%±2.0	15.5%±1.7	No	N/A
60	Fewer than two servings of milk or dairy products: Percentage of respondents who reported eating fewer than 2 servings of milk and dairy products the day before to the question: Yesterday, in total, how many servings of milk and dairy products, including cheese and yogurt did you eat?	41.1%±2.8	39.4%±2.3	No	N/A
61	Taking calcium supplements 7 days a week: Percentage of respondents who reported taking calcium supplements 7 days per week to the question: How many days a week do you take calcium supplements to prevent osteoporosis?		23.5%±1.9		

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62	Uses whole milk: Percentage of respondents who reported using whole milk to the question: What type of milk do you most often use?		12.5%±1.6		
63	Uses stick margarine or butter etc. in cooking: Percentage of respondents who reported stick margarine, butter, shortening, bacon drippings, or lard to the question: What is the main type of fat you cook with?		14.4%±1.7		
64	Uses stick margarine or butter on bread and vegetables: Percentage of respondents who reported butter or stick margarine to the question: What type of butter or margarine do you usually use on bread, vegetables, etc?		48.3%±2.4		
65	Seldom or never use low fat convenience foods: Percentage of respondents who reported seldom or never to the question: When you use convenience foods, how often are they low fat?		43.7%±2.7		
66	Seldom or never use low fat food away from home: Percentage of respondents who reported seldom or never to the question: When you eat away from home, how often do you choose low fat foods?		49.6%± 2.4		
67	Almost always or usually choose fast food: Percentage of respondents who reported almost always or usually to the question: When you eat away from home, how often do you chose hamburgers, French fries, fried chicken or other similar foods?		24.2%±2.1		
68	Seldom or never buy lean or low fat meat: Percentage of respondents who reported seldom or never to the question: If you eat meat, how often do you buy lean or low fat meats?		17.7%±1.9		
HYPERTENSION					
69	Had blood pressure taken in the last two years: Percentage of respondents who reported in the last 2 years to the question: About how long has it been since you last had your blood pressure taken by a doctor, nurse, or other health professional?	97.4%±.9	96.5%±.8	No	N/A
70	Blood pressure level high on last visit: Percentage of respondents who reported blood pressure was high the last time it was checked by a health professional to the question: At that time, did the doctor or other health professional say your blood pressure was high, low, or normal?	7.3%±1.4	8.9%±1.4	No	N/A
71	Ever told had high blood pressure: Percentage of respondents who reported blood pressure was high to the question: Have you ever been told by a doctor, a nurse or other health professional that you have high blood pressure?		19.3%±1.8	No	N/A
72	Under a doctor's care for high blood pressure: Percentage of respondents who reported being under a doctor's care for high blood pressure to the question: Are you now under a doctor's care for high blood pressure?	60.6%±5.4	56.4%±4.4	No	N/A
73	Takes medication for high blood pressure: Percentage of respondents who reported taking medication to the question: Are you supposed to be taking medication, following a special diet, or following an exercise program for your high blood pressure?	91.5%±3.7	89.9%±3.4	No	N/A

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74	Follows a special diet for high blood pressure: Percentage of respondents who reported following a special diet to the question: Are you supposed to be taking medication, following a special diet, or following an exercise program for your high blood pressure?	24.1%±6.1	24.3%±4.8	No	N/A
75	Follows exercise program for high blood pressure: Percentage of respondents who reported following an exercise program to the question: Are you supposed to be taking medication, following a special diet, or following an exercise program for your high blood pressure?	21.8%±6.3	21.0%±4.5	No	N/A
76	Always takes medication as ordered for high blood pressure: Percentage of respondents who reported always to the question: Overall, how much of the time do you take your medication for your high blood pressure exactly as directed?	81.1%±5.7%	90.6%±3.7	Yes	Better
77	Always follows diet as prescribed for high blood pressure: Percentage of respondents who reported always to the question: Overall, how much of the time do you follow your diet for your high blood pressure exactly as directed?		25.8%±9.7	No	N/A
78	Always follows exercise program as prescribed for high blood pressure: Percentage of respondents who reported always to the question: Overall, how much of the time do you follow your exercise program for your high blood pressure exactly as directed?		25.9%±10.6	No	N/A
CHOLESTEROL					
79	Had cholesterol checked in the past 5 years: Percentage of respondents who reported in the last 5 years to the question: About how long has it been since you last had your blood cholesterol checked?	82.3%±2.3	81.0%±2.0	No	N/A
80	Cholesterol level was high at last checkup: Percentage of respondents who reported blood cholesterol was high the last time it was checked to the question: At that time, did the doctor or other health professional say your cholesterol was high, low, or normal?	18.1%±2.4	17.4%±2.0	No	N/A
81	Ever told cholesterol was high: Percentage of respondents who reported cholesterol was high to the question: has a doctor, a nurse or other health professional ever told you that your blood cholesterol is high?		16.3%±1.9	No	N/A
82	Under a doctor's care for high cholesterol: Percentage of respondents who reported being under a doctor's care for high cholesterol to the question: Are you now under a doctor's care for high cholesterol?	33.7%±5.5	40.7%±4.4	No	N/A
83	Taking medication for high cholesterol: Percentage of respondents who reported taking medication to the question: Are you supposed to be taking medication, following a special diet, or following an exercise program for your high cholesterol?	62.1%±9.7	77.8%±6.1	Yes	Better
84	Follows special diet for high cholesterol: Percentage of respondents who reported following a special diet to the question: Are you supposed to be taking medication, following a special diet, or following an exercise program for your high cholesterol?	63.4%±9.5	42.8%±6.8	Yes	Worse
85	Follows an exercise program for high cholesterol: Percentage of respondents who reported following an exercise program to the question: Are you supposed to be taking medication, following a special diet, or following an exercise program for your high cholesterol?	41.3%±10.3	28.4%±6.1	No	N/A

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86	Always takes medication as prescribed for high cholesterol: Percentage of respondents who reported always to the question: Overall, how much of the time do you take your medication for your high cholesterol as directed?		91.1%±4.6	Yes	Better
87	Always follows diet as prescribed for high cholesterol: Percentage of respondents who reported always to the question: Overall, how much of the time do you follow your diet for your high cholesterol exactly as directed?		23.2%±8.2	Yes	Better
88	Always follows exercise program as prescribed for high cholesterol: Percentage of respondents who reported always to the question: Overall, how much of the time do you follow your exercise program for your high cholesterol as directed?		19.7%±9.3	No	N/A
FITNESS/PHYSICAL ACTIVITY					
89	Low or very low fitness level: Percentage of respondents who reported low or very low fitness level to the question: Overall, how would you describe your fitness level?	9.4±1.6	16.1%±1.7	Yes	Worse
90	No exercise in the last month: Percentage of respondents who reported no exercise in the past month to the question: During the past month, did you participate in any physical activities or exercises such as running, calisthenics, golf, gardening, or walking for exercise?		27.5%±2.1		
91	Moderate exercise 5 or more days/week: Percentage of respondents who reported 5 or more days per week to the question: In an average week, on how many days out of seven do you get 30 minutes or more of at least moderate exercise, over the course of the entire day? Brisk walking, moving somewhat heavy materials, are examples of moderate exercise. This exercise can take place over one 30 minute period, or even as many as four periods of 7 or 8 minutes each.		29%±2.2		
92	Moderate exercise 5 or more days a week for 6 or more months: Percentage of respondents who reported engaging in moderate exercise at least 5 days a week for 6 months or more to the question: How long have you been participating in moderate exercise 30 minutes or more for ___ days/week?		90.0%±2.6		
93	Aerobic exercise 3 or more days/week: Percentage of respondents who reported 3 or more days per week to the question: As you may know, aerobic exercise or activities that increase people's breathing and heart rate has many health benefits. Aerobic exercises and activities include jogging, brisk walking, biking, dancing, swimming, lifting somewhat heavy objects, or other physical work activities. In an average week, on how many days out of seven do you get 20 minutes or more of aerobic exercise or participate in an activity, either in your leisure time or at work, where your breathing and heart rate are noticeably increased?		36.1%±2.3		
94	Aerobic exercise 3 or more days/week for 6 or more months: Percentage of respondents who reported engaging in aerobic exercise for 6 months or more to the question: How long have you been participating in aerobic exercise 30 minutes or more for ___ days/week?		86.1%±2.6		

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SEXUAL BEHAVIOR					
95	Engaged in HIV risk behaviors or tested positive: Percentage of respondents under the age of 65 who reported engaging in HIV-related risk behavior or tested positive for HIV to the question: Please tell me if any of the situations apply to you. You don't need to tell me which one: You have used intravenous drugs in the past year. You have been treated for a STD or VD in the past year. You tested positive for HIV, the virus that causes AIDS. You had anal sex without a condom in the last year. Do any of these situations apply to you?	4.3%±1.6	4.9%±1.2	No	N/A
96	Engaged in sex with partner(s) at risk of HIV: Percentage of respondents under the age of 65 who reported engaging in sex with a partner at risk for HIV to the question: Please tell me if any of the situations applied to you in the past 5 years. You don't need to tell me which one: You had sex without a condom in the past 5 years, with a partner who uses intravenous drugs. You had sex without a condom in the past 5 years, with a partner who uses cocaine. You had sex without a condom in the past 5 years, with a partner who is HIV positive, or who has AIDS. You had sex in the past 5 years, with a male partner who is bisexual or homosexual. Do any of these situations apply to you?	3.7%±1.2	4.0±.9	No	N/A
DOMESTIC VIOLENCE					
97	Victim of domestic violence in the last 12 months: Percentage of respondents who reported being a victim of domestic violence to the question: During the last 12 months, has anyone physically hurt you, that is slapped, pushed, shoved, grabbed, kicked, punched, choked, strangled, beaten you up, used a knife or gun on you, thrown something at you, or forced you to have sex?		5.7%±1.3		
98	Received medical care as a result of domestic violence: Percentage of respondents who reported receiving medical care to the question: Did you go to an emergency room, hospital, doctor, dentist, or other medical care facility to receive medical care or help?		24.1%±11.6		
99	Received number or place to obtain information or help: Percentage of respondents who answered Yes to the question: Did you receive a number or a place to obtain information or help?		69.0±24.3		
100	Wanted help line number at time of survey: Percentage of respondents who accepted a telephone numbers for a domestic violence helps line to the question: There is a help line for domestic violence victims. Would you like the number?		33.8%±25.6%		
PREVENTIVE COUNSELING					
101	Doctor or health care professional has discussed diet or eating habits: Percentage of respondents who reported yes to the question: Has a doctor or other health professional ever talked with you about your diet or eating habits?		38.6%±2.3		
102	Doctor or other health care professional discussed diet or eating habits more than 3 years ago: Percentage of respondents who reported 3 or more years ago to the question: About how long ago was it?		18.5%±2.9		

Questions asked of all respondents unless otherwise noted
Shaded cells indicate that comparable data are not available for 1997
N/A = Not applicable

**Monroe County, New York
Adult Health Survey Results -- Total County
1997 vs. 2000**

#	Question	1997 Response	2000/2001 Response	Statistically Different?	Better or Worse?
103	Doctor or health care professional has discussed exercise: Percentage of respondents who reported yes to the question: Has a doctor or other health professional ever talked with you about your physical activity or exercise?		42.0%±2.3		
104	Doctor or other health care professional discussed exercise more than 3 years ago: Percentage of respondents who reported 3 or more years ago to the question: About how long ago was it?		10.3%±2.1		
105	Doctor or health care professional has discussed smoking: Percentage of respondents who reported yes to the question: Has a doctor or other health professional ever talked with you about whether or not you smoke?		43.1%±2.3		
106	Doctor or other health care professional discussed smoking more than 3 years ago: Percentage of respondents who reported 3 or more years ago to the question: About how long ago was it?		16.5%±2.5		
107	Doctor or health care professional has discussed drug use: Percentage of respondents who reported yes to the question: Has a doctor or other health professional ever talked with you about drug abuse?		12.3%±1.5		
108	Doctor or other health care professional discussed drug use more than 3 years ago: Percentage of respondents who reported 3 or more years ago to the question: About how long ago was it?		21.5%±5.3		
109	Doctor or health care professional has discussed alcohol use: Percentage of respondents who reported yes to the question: Has a doctor or other health professional ever talked with you about alcohol use?		18.9%±1.8		
110	Doctor or other health care professional discussed alcohol use more than 3 years ago: Percentage of respondents who reported 3 or more years ago to the question: About how long ago was it?		20.6%±4.0		
111	Doctor or health care professional has discussed depression, anxiety or stress: Percentage of respondents who reported yes to the question: Has a doctor or other health professional ever talked with you about whether or not you experience depression, anxiety, or stress?		32.7%±2.2		
112	Doctor or other health care professional discussed depression, anxiety or stress more than 3 years ago: Percentage of respondents who reported 3 or more years ago to the question: About how long ago was it?		13.6%±2.7		
113	Doctor or health care professional has discussed sex: Percentage of respondents who reported yes to the question: Has a doctor or other health professional ever talked with you about your sexual practices, including sexually transmitted diseases, AIDS, or the use of condoms?		22.9%±2.0		
114	Doctor or other health care professional discussed sex more than 3 years ago: Percentage of respondents who reported 3 or more years ago to the question: About how long ago was it?		21.2%±3.7		

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Monroe County, New York
Adult Health Survey Results -- Total County
1997 vs. 2000

#	Question	1997 Response	2000/2001 Response	Statistically Different?	Better or Worse?
	END OF LIFE ISSUES				
115	Doctor or health care professional has discussed advanced care directive: Percentage of respondents who reported yes to the question: Has a doctor or other health professional ever talked with you about advanced health care planning (Living Will or Health Care Proxy)?		32.9%±2.1		
116	Doctor or other health care professional discussed advanced care directive more than 3 years ago: Percentage of respondents who reported 3 or more years ago to the question: About how long ago was it?		19.9%±3.1		
117	Have completed advanced care directive: Percentage of respondents who answered Yes to the question: Have you completed an Advanced Directive Document to let your wishes be known about what kind of care you would want, or who you would want to Health speak for you, if you became permanently unable to speak for yourself in the future (either a Living Will or Care Proxy)?		38.5%±2.3		

Questions asked of all respondents unless otherwise noted
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